

ClubNat

ClubNat was founded in January 2009 as a non-profit, committee-run naturist club. Before inaugurating we spent a considerable amount of time rethinking the naturist idea through from a woman's perspective and have made some important changes to help us create a more female friendly club.

How are we different?

- Firstly we wanted a club where women weren't vastly outnumbered by men. After an extensive review of the Sex Discrimination Act 1975 and the New Equality Bill we decided to constitute the club as a women's only Private Members Club. This means only women can join but, by permitting members to sign their partner / family in as guests, we are creating a natural balance between the sexes.
- Secondly, many of us have enjoyed a skinny dip on holiday or a nude sauna while visiting the German Christmas markets. ClubNat is actively marketing itself at this dare-to-bare group of people – people who don't view themselves as naturists, but who are keen to continue their new holiday activities back home.
- Lastly, we all lead extremely busy lives leaving precious little time to commit to anything else. At ClubNat we are offering our members the opportunity to enjoy a skinny dip or a nude sauna without the pressure of feeling they have to be part of any naturist movement.

Read enough and want to join in?

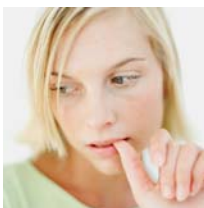
ClubNat is a women's only Private Members Club and is not open to the general public. You must apply to join the club (see Membership Process).

Never gone naked before?

Let's face it, we in Britain have a reputation as being the most reserved people in Europe. Taking your clothes off in front of other people is generally considered to be a bit eccentric! On top of that, we tend to worry about what we look like even with our clothes on, and for many of us, the thought of being seen on the beach or at the pool even with swimwear is enough to make us give up the chocolate biscuits for weeks.

Let us reassure you – none of us at ClubNat are models or body builders. We range in ages and sizes and none of us have perfect bodies. What we do have is a willingness to accept everybody in their natural state, including ourselves, without feelings of shame or embarrassment. There is no need to hide saggy bits behind lycra and nothing to be gained by modest (or titillating) beach fashion.

Still a little unsure?



We know how difficult taking off your clothes for the first time might be, so if that is what is holding you back, don't worry – you can wear a costume or bikini for your first visit. That way you can build up your confidence – you'll get a chance to see for yourself that none of us has a

perfect body, and that nobody judges anybody by their appearance. Your first visit to a ClubNat venue is also **FREE** so if at the end of the evening you decide it's not for you then it has only cost you your time.

ClubNat Contact Details

Website

<http://www.clubnat.org.uk>

Contact

Secretary@clubnat.org.uk

Membership Process

Before anyone can become a member of ClubNat they are required to attend two (2) club venues as the guest of the Club Secretary (you are allowed to bring your partner along to keep you company). This gives the current membership time to get to know you and for you to get to know us. If all goes to plan then after your second visit you will be given a Membership Application Form to take home and complete.

When the Club Secretary receives the completed Membership Application Form back from you the usual process is she will propose you for membership and ask for another member of ClubNat to second the proposal. As long as your membership proposal is seconded your application goes to a vote. All current members of ClubNat have the right to vote on whether to accept or reject a membership application. As long as you don't receive two (2) votes against, your membership application is accepted.

This membership process might seem slightly daunting and over complicated but it is absolutely necessary. Without it we would lose our status as a women's only club and would have to open our venue doors to men and women equally.



Questions and Answers

Why would I want to take my clothes off?

Maybe it's because you've tried it on holiday and enjoyed it, or maybe it's because it sounds exciting and different. Maybe you have thought about how crazy it is that most of us seem unable to accept ourselves (and each other) in our natural state. Or maybe you just want to feel the water, heat and sunshine all over for a change!

Isn't it a bit weird?

In Britain stripping off is considered a bit strange, but in many other parts of the world it is very normal. In Germany, Austria and much of Scandinavia, saunas and spa sessions are usually enjoyed naked, and naturist beaches are quite common all around the Mediterranean.

Is it safe at a ClubNat venue?

Yes. Everyone in ClubNat has to go through the same rigorous membership process before they can join. This ensures we accept only the right members. Members are meanwhile fully accountable for their guests. If a guest behaves in a manner likely to cause offence or serious distress to others, the member and their guest will both be asked to leave.

Is ClubNat "really" a women's only club?

Yes. Only women can apply to join ClubNat so we "really" are a women's only club. However, members are allowed to sign a guest into the club irrespective of gender so, more often than not, you will find both men and women attending our venues.

Why didn't you just become a couples club?

Creating a couples club might sound easier, but we had to ensure we didn't leave any loopholes open to possible abuse. For example, how could we tell if a same sex male couple were "genuine"?

Why does ClubNat seem to be picking on men?

In the UK there are significantly more men wanting to try naturism than there are women. This leads to a gender imbalance in most clubs, and this in turn puts women off joining, which exacerbates the problem. We want to ensure a good gender balance at our club.

ClubNat

Inaugurated January 2009

Rethinking Naturism from a Woman's point of view



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